

SOMETHING VERY WICKED COMES THIS WAY...



FMA + 12 GAGE



*"The father and son of unholy flows spit with a unique, roughly-hewn,
Prestonian intensity"*

Tom O'Boyle - Metal Hammer

FMA + 12 Gage are a multi-award-winning father and son rap duo from Preston. Made up of Matthew and Callum Bennett, the project initially began in 2013 as a way of helping Callum's confidence but snowballed into something that neither of them could have predicted. Their music is built around creative lyrics and tightly woven, imaginative dual vocals. Combining the aggression of metal and the verbal skills of hip-hop with the energy of youth and the experience of age, they create hybrid songs that are a fusion of high energy rap, electronic, metal and dance music.

They have performed all over the country, written for award-winning TV shows and films and have been featured on TV Asahi in Japan as well as other worldwide streaming services. In 2019 they were chosen to be the faces of the Give us a Break anti bullying campaign and their charity song Spectrum gained nationwide coverage. A common phrase heard at any of their performances is, 'I don't normally like rap, but I liked that!'

Energy, skill and passion transcends genres.

The pair face many mental health difficulties that stem from Autism, Dyslexia and depression. They use their creations as a form of expression and to combat the issues that they both deal with in their day to day lives. They have given talks on how to be creative and how creativity can benefit mental health. They have been invited to speak in schools, prisons and at health conferences about their struggles. Helping others is an important part of what they do.

FMA + 12 Gage are a glimpse of reality in a world of insanity. They don't write about money, drugs or women, they write about the darkness inside their minds.

They are an act unlike any other.

"So talented, an absolutely breathtaking performance"

Anna Kennedy OBE

VIDEOS

Matthew studied Screenwriting at UCLan and finished with a first. He has won awards for his [short films](#) and he uses his skills to write, design and create many of FMA + 12 Gage's videos.



'UNSTOPPABLE' was conceptualised by Matthew and was featured on [BBC News](#). FMA + 12 Gage were the first rappers to ever be featured on BBC Northwest Tonight.

'DIRTY' was edited and directed by Matthew and shot entirely on an iPhone. This video is based upon 'Mister Tickle' a script written by Matthew which placed in the finals of Eat Crow Film's 2018 Horror Competition. FMA + 12 Gage regularly use horror imagery to represent the darkness and destructiveness of mental health.



Matthew & Callum were both honoured when they were asked to be the faces of the 2019 Give us a Break anti-bullying campaign. The song they created to front the campaign was 'SPECTRUM'. They drew upon their own experiences with bullying, abuse and alienation to create a song which was designed to leave the listener with a message of hope.

They were both interviewed on [Channel 5 news](#) about the campaign and the song.



'AUTISM'S GOT TALENT' In 2017, Matthew & Callum were invited to the charity showcase event Autism's Got Talent. They performed two songs: 'Happy Birthday, Son' which Matthew had originally written as a birthday present for Callum's 18th birthday, as well as 'My dad is a better rapper than you' which was written for this event. They received a standing ovation for their performance.



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RELEASES



FMA + 12 Gage's debut album, [Parental Advisory](#) was released in 2018 and was designed and created by Matthew and Callum. It and all related videos were created against the odds with zero budget. Their next project, [The Takeover EP](#), was released in 2020 and includes Take a Seat which is part of the soundtrack for the upcoming, award-winning film, Touch Gloves, by V-Pac productions.

Their 2nd album, Verses, is currently under construction...





CONTACT:

Matthew Bennett

Contact@fma12gage.com

MJBennett@madetocreate.uk



HEW Photography