

FMA + 12 GVGE



"The father and son of unholy flows spit with a unique, roughly-hewn, Prestonian intensity"

Tom O'Boyle – Metal Hammer

FMA + 12 Gage are a multi-award-winning father and son rap duo from Preston. Made up of Matthew and Callum Bennett, the project initially began in 2013 as a way of helping Callum's confidence but snowballed into something that neither of them could have predicted. Their music is built around creative lyrics and tightly woven, imaginative dual vocals. Combining the aggression of metal and the verbal skills of hip-hop with the energy of youth and the experience of age, they create hybrid songs that are a fusion of high energy rap, electronic, metal and dance music.



They have performed all over the country, written for award-winning TV shows and films and have been featured on TV Asahi in Japan and other worldwide streaming services. In 2019 they were chosen to be the face of the Give us a break anti bullying campaign and their charity song, Spectrum, gained nationwide coverage. A common phrase heard at any of their performances is, 'I don't normally like rap, but I liked that!' Energy, skill and passion transcends genres.

THE TAKEOVER

FMA + 12 Gage's latest music video was heralded as an 'ethereal masterpiece' and combined elements of hip hop and cinematic horror, taking the viewer on a beautiful but unsettling journey into the darkness.



BASIC THUGONOMICS

In 2022, Wrestle Talk TV commissioned a rewritten version of John Cena's theme tune that had to be comedic but also deal with current topics. The video received an overwhelmingly positive reception, with over 26k views in a single day.



UNSTOPPABLE

A single from their debut album, Parental Advisory, landed the duo an interview on **BBC News**, giving FMA + 12 Gage the accolade of being the first rap act to ever be featured on BBC Northwest Tonight.



The pair face many mental health difficulties that stem from Autism and Dyslexia and they use their creations as a way of expression and to combat the issues that they both deal with in their day to day lives. They have given talks on how creativity benefits mental health and have been invited to speak in schools and at health conferences about their experiences. Helping others is an important part of what they do.

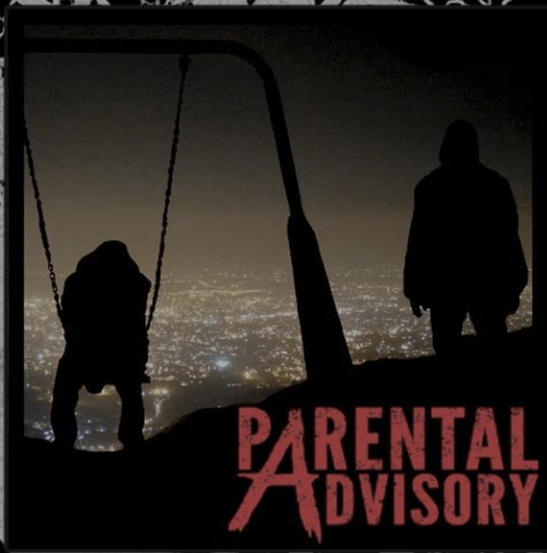


AUTISM'S GOT TALENT

In 2017, Matthew & Callum were invited to the charity showcase event Autism's Got Talent. They performed two songs: 'Happy Birthday, Son' which Matthew had originally written as a birthday present for Callum's 18th birthday, as well as 'My dad is a better rapper than you' which was written for this event. They received a standing ovation for their performance.

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FMA + 12 Gage's debut album, Parental Advisory was released in 2018 and was designed and created by Matthew and Callum. It and all related videos were created against the odds with zero budget. Their next project, The Takeover EP, was released in 2020 and includes Take a Seat which is part of the soundtrack for the upcoming, award-winning film, Touch Gloves, by V-Pac productions.

Their 2nd album, Verses, is currently under construction...



FMA + 12 Gage are an unholy combination of aggression, pain,
energy and inspiration.

They are an act unlike any other...



"So talented, an absolutely breathtaking performance"

Anna Kennedy OBE

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